



**GOLS Soccer** is an opportunity to learn soccer for the first time or enhance your soccer skills and level of play under the training of Ariel Gazzera, former Argentine professional soccer player, and his team of experienced coaches. Open to players and future players of all ages starting at two years of age, GOLS Soccer teaches the skills and strategies of the internationally loved game of soccer in a developmentally friendly environment. Sign up for small group classes or one-on-one coaching sessions in order to begin your adventure with us and a potential life long love affair with the game of soccer.

## PROGRAMS

### Fostering a Love of the Game

2-6 years

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- **Kickers:** 2-3 years
  - **Shooters:** 3-4 years
  - **All Stars:** 4-5 years
  - **Champions:** 5-6 years

#### Programs Offered

- **Classes** (weekends & weekdays)
- **Summer camp** (weekdays)
- **Private one-on-one coaching tutorials** (by appointment, 7 days/week)
- **Private group lessons** (by appointment, 7 days/week)

GOLS Soccer focuses on fun and enjoyment when working with our youngest players. The program is designed to provide young beginners with a productive, fun based introduction to the game of soccer and the fundamentals of playing (dribbling, super skills, juggling, and ball control). When younger players are having fun playing soccer, they will develop the beginning stages of the basic skills more quickly and easily with the goal of fostering a more serious interest in the sport. Repetition is the key to learning at this age range and we use small, creative games to actively work with and encourage all players. We find that the players become more involved through games and end up with greater contact with the ball. Our approach is positive and non-competitive with the overall goal of creating a fun, age-appropriate, safe learning environment. Parents are welcome to participate and are required to stay at the class with their children.

## Developing the Fundamentals of Soccer

7-9 years

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- **Classes:** weekends & weekdays
- **Summer camp:** weekdays
- **Private one-on-one coaching tutorials:** by appointment, 7 days/week
- **Private group lessons:** by appointment, 7 days/week

Our group and one-on-one programs for the older and/or more experienced players build upon the first stage of fostering a love of the game and move into developing the fundamentals of soccer and finally enhancing and nurturing the competitive soccer player.

Starting around the age of 7 years and older, players are growing physically and mentally and are more receptive and capable of learning and using the fundamentals of soccer in order to develop their individual technique. We introduce them to a wider range of skill exercises and for a longer period of time. GOLS Soccer works with its players on individual technical development including first touch and mastering the ball. The players will work on super skills including individual possession, individual defending, confidence in possession (practicing the process of collecting, looking up and decision making once they have the ball), heading, and shooting and the art of finishing.

GOLS Soccer starts to challenge these players further by incorporating team tactics into their play and developing their overall game including working on the player's position on the field related to other positions. As the player continues to grow, practice sessions become longer including warming up and stretching with more emphasis on conditioning and competitive play. GOLS Soccer continues to build upon the skill and teamwork concepts learned at earlier stages of development in order to solidify the player with a foundation of soccer fundamentals. The sessions utilize many small sided fun games during this program. As they continue to grow older, players move into a new level of maturity and understanding of the game.

If a player who hasn't adequately mastered the skills and tactical concepts (defense, offense & teamwork) joins us, we go back as far as necessary in the developmental process to ensure that the player learns appropriately and has a positive experience. This program groups classes and customized training programs based on the skill level of the players within a certain age range with an understanding of the physical differences between different ages of players in order to ensure an appropriate and enjoyable learning environment for all.

We welcome working with teams who come to us as an existing unit or coaching one-on-one player development. Classes for groups who do not come to us as a pre-existing group are scheduled based on expressed interest by 8 or more individuals at a similar developmental level. We are happy to assist in also looking for other players to round out these classes.

## Enhancing and Nurturing the Competitive Soccer Player

10+ years

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- **Classes:** weekends & weekdays
- **Summer camp:** weekdays
- **Private one-on-one coaching tutorials:** by appointment, 7 days/week
- **Private group lessons:** by appointment, 7 days/week

Entering the third phase of the GOLS Soccer program occurs once a player has developed his or her foundation of fundamental skills and team play. This program is designed for the complete player who is a soccer lover and

wants to take their game to the next level regardless of age. These players come to us from school, club, AYSO and adult teams because they want to improve their competitive play, earn a spot on a team, earn a starting position and/or prepare for the next phase of their soccer career (i.e. a move from middle school to high school, AYSO to a club team, or high school to college).

We focus on many of the same tactical concepts and skills learned while developing the fundamentals, stressing the importance of working as a team. Sessions include a focus on 1v1 defense and offense, shooting and the art of finishing, small group and individual possession, and goal keeping. GOLS Soccer also continues to develop the player's physicality (strength, speed, etc.), teamwork, mental acumen, and maturity. When working at this stage, the coach will not only conduct the training session, but also become directly involved by joining the group in small sided games and custom training exercises. During one-on-one sessions at this level, the coach becomes a partner with the player, and works closely with him or her while facilitating a number of exercises. The goal of these sessions is to continue to technically challenge the player in order to help progress and develop the player's overall game.

## **Additional Programs**

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### **School Enrichment**

*Weekdays*

GOLS Soccer works with schools on-campus and collaborates with the existing coaching or physical education teaching staff. We are happy to share our expertise and enthusiasm with the players and coaches and to support the team's or a physical education program's goals regardless of level of player and team experience. We are flexible to assist in both short and long-term engagements.

### **Team Coaching**

*By appointment, 7 days/week*

GOLS Soccer is available to coach or assistant coach school, AYSO or club teams. We are also delighted to work with teams on short-term engagements during spring, winter and summer breaks (or during the regular season). Depending on the age of the team and skill levels of the players, we will design a custom program to methodically improve both the individual and team play in order to enhance the physical and mental fitness, fundamental skills, and strategic and competitive capabilities of the team. The program will focus on understanding the field, and the individual roles and responsibilities of specific positions. The team bond will also be addressed in order to maximize the team's opportunity to succeed on the field as one cohesive unit. By the end of the engagement, your team will have developed into a unit of players motivated to work hard, learn and succeed.

### **Birthday Parties & Special Events**

*By appointment, 7 days/week*

GOLS Soccer is happy to come to your birthday party for one or more hours to help entertain children ages two years and up. We will bring all of the equipment and make sure that your child and his/her friends enjoy a program filled with games and soccer fun.



## REGISTRATION FORM

Name of Player: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_ Skill Level: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Name(s) of Parent (if under 18 years): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Player's Cell #: \_\_\_\_\_ Parent's Cell #: \_\_\_\_\_

Classes are first come, first serve and we do limit the class size in order to make the experience enjoyable and safe for all participants. The minimum class size is 6 and the maximum is 10.

## Pricing

- \$350/10 week class
- \$375/1-week camp session
- \$75/hour for private one-on-one lessons (at home or destination of client's choice)
- \$50/hour per child for private group lessons (at home or destination of group's choice)
- \$200/hour per coach (maximum of 10 kids per coach) for birthday parties and special events
- Inquire about school enrichment & team coaching fees
- \$50 discount per child is offered for all siblings who are taking a class/camp session at the same time
- \$50 discount if signing-up for 2 or more weeks of camp

## Sign Up for a Pre-Set Class

### *Circle your choice & feel free to indicate a 2<sup>nd</sup> choice*

Sessions run for 10 weeks not including holidays/other off weeks and rolling admission into a class is accepted as long as there is room for additional players. Please inquire about when a new session is starting however we encourage new players to join us at any point during the year or to create your own class with your group starting anytime. New sessions start the following weekend after the end of the previous session. All sessions are 45 minutes.

There is no class on the following 2010 dates including major holidays: 1/01/10, 1/02/10, 5/29/10, 5/30/10, 5/31/10, 7/3/10, 7/4/10, 9/4/10, 9/5/10, 9/6/10, 11/25/10, 11/26/10, 11/27/10, 11/28/10 & 12/25/10 - 1/02/11.

### **THURSDAYS**

#### **AFTERNOON : VALLEY VILLAGE PARK**

Champions      5-6 year old class      3:15-4:00pm  
*New winter/spring session starting on February 18, 2010.*

### **SATURDAYS**

#### **MORNING : VALLEY VILLAGE PARK**

Kickers:      2-3 year old class      9:00-9:45am  
Shooters      3-4 year old class      10:00-10:45am  
*New winter/spring session starting on February 20, 2010.*

#### **AFTERNOON : CHEVIOT HILLS RECREATION CENTER**

All-Stars:      4-5 year old class      2:30-3:15pm  
Shooters      3-4 year old class      3:30-4:15pm  
*New winter/spring session starting on February 6, 2010.*

*Rolling admissions to a class is accepted as long as there is room for additional players.*

Note : The office will be closed and no classes, camp or lessons will be held during following dates:

- November 25th - 29th
- December 19th - January 3rd

List Friends Signing Up With (it is not required to sign up with others):

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Create your own class seven days a week: option to designate your own location based on the most convenient available park or backyard for your group (minimum of 6 students for a minimum of 10 weeks) and schedule a mutually convenient recurring time with the GOLS Soccer staff.

Indicate Weekday & Times that work best for you/your group (if not signing up for a pre-set class):

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Indicate location(s) that work best for your group (if not signing up for a pre-set class):

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## EMERGENCY INFORMATION FORM

**Player's Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Home #:** \_\_\_\_\_ **Cell #:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Parent/Guardian's Name** (if under 18 years): \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Home #:** \_\_\_\_\_ **Cell #:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Secondary Emergency Contact Name:** \_\_\_\_\_

**Relationship to Player:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Home #:** \_\_\_\_\_ **Cell #:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

### **Insurance Information**

**Name of Insurance Company:** \_\_\_\_\_

**Policy Name & Number:** \_\_\_\_\_

**Medical Information**

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Does the Player have any allergies? **YES/NO** (please circle); If so, please list them:

\_\_\_\_\_

Does the Player have any existing medical conditions? **YES/NO** (please circle); If so, please list them:

\_\_\_\_\_

Does the Player take any medications? **YES/NO** (please circle); If so, please list them:

\_\_\_\_\_

Does the Player have any existing or old injuries? **YES/NO** (please circle); If so, please list them:

\_\_\_\_\_

Does the Player have any of the following? **Asthma/Epilepsy/Diabetes/Irregular Heart Beat/Obesity** (please circle)

Is there additional information we should know about the Player's mental or physical health or physical or mental condition whether or not it would affect the Player's performance in the sport? **YES/NO** (please circle); If yes, please explain:

\_\_\_\_\_

Does the Player require any special accommodations or assistance? **YES/NO** (please circle); If so, please list them:

\_\_\_\_\_



## SPORTS PARTICIPATION RELEASE & AGREEMENT

I, \_\_\_\_\_ desire to participate in GOLS Soccer (the "Sport"), with GOLS Soccer, INC. (the "Company"), and, in consideration of being allowed to participate in the Sport, I hereby acknowledge and agree, and represent and warrant on my own behalf and on behalf of my child [hereinafter collectively and on behalf of the child, ("I")] as follows:

- 1) I understand that the participation in the Sport is entirely voluntary and involves physical exertion and the risk of significant direct and consequential injury. I realize that any sport activity involves some element of risk and I am fully aware of the risks of participation, which I agree to assume. I will conduct myself in a safe and prudent manner while participating in the Sport. I will follow the instruction of coaches or assistants in the Sport at all times and will not disregard any rule or requirement of participation of the Sport. Moreover, I am fully informed or otherwise aware of, and fully assume, all risks to person or property in connection with my participation in the Sport (including, but not limited to, damage and loss of property, bodily injuries, medical treatment and death).
- 2) I am in good physical and mental health and do not have any physical or mental conditions which could affect my ability to participate in the Sport. I am also aware that the Company is not providing on call medical personnel to assist me in the Sport.
- 3) I have medical insurance coverage appropriate for my participation in the Sport and have provided emergency contact information to the Company (See above). I understand and agree that the Company shall not provide any insurance for me in connection with my participation in the Sport. Nevertheless, in the event of injury, I authorize the Company to act or not act in any way the Company deems appropriate including such physical contact as the Company deems necessary to provide or arrange for medical care.
- 4) I do hereby agree and will release, indemnify and hold harmless Ariel Gazzera and GOLS, its employees, agents, successors and assigns, singularly and collectively, from and against any injury, claims, losses, harm, loss, inconvenience, liability or any other damage of any kind whatsoever, which may result from or be connected in anyway to my participation in the Sport.

I acknowledge I am familiar with § 1542 of the Civil Code of the State of California, which provides as follows:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his or her favor at the time of executing the release, which if known by him or her, must have materially affected his or her settlement with the debtor."



I agree to waive and relinquish any rights and benefits which I may have under said § 1542. I acknowledge that I am aware that I may hereafter discover facts in addition to or different from those which I now know or believe to be true with respect to the subject matter of this Agreement, but I intend that the releases contained in this Agreement shall fully, finally and forever release any and all matters, disputes, and differences known and unknown, suspected and unsuspected, which now exist, may now exist or heretofore have existed and which arise out of or relate to the Sport. The release herein shall be, and shall remain in effect as, a full and complete general release and waiver of all such matters notwithstanding the discovery or existence of any such additional or different facts. I warrant and represent that the effect and importance of this agreement and § 1542 is fully understood and I am executing this fully and freely, having sought any advice I feel is appropriate.

- 5) I acknowledge that the Company does not discriminate based on race, age, sexual orientation, sex, national origin, disability, gender, religion, medical condition or any other category protected by applicable law. In addition, I understand that the Company will make reasonable accommodations for the known physical or mental limitations of its participants unless undue hardship or risk of injury would result. I understand that the Company will promptly investigate the barriers to the participant's full participation in the Sport. I acknowledge that accommodations to eliminate the barrier which do not create undue hardship may be provided by the Company. I also acknowledge that the Company may require that I pay for such accommodations and I agree to cooperate in facilitating the accommodations to be provided.
- 6) I hereby give permission to the Company to use my name and any photograph taken of me during the Sport, without compensation, in any promotional materials and publications, in print or any digital medium (i.e. Website).
- 7) I further understand that the Company does not assume responsibility for any loss, injury or damage to person or property in connection with the Sport.

I absolve, indemnify, defend and hold harmless Marta Ferro, Ariel Gazzera and GOLS Soccer, Inc. from any breach of the representations set forth in this Agreement.

I HAVE READ, ANSWERED AND UNDERSTAND THE ABOVE PROVISIONS AND QUESTIONS AND AGREE TO BE BOUND TO THE TERMS FOR THE DURATION OF MY PARTICIPATION IN GOLS SOCCER, AS INDICATED BY MY SIGNATURE BELOW.

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Parent/Legal Guardian's Signature (if under 18 years): \_\_\_\_\_

Print Name: \_\_\_\_\_

**Please mail completed & signed forms with your check made out to GOLS Soccer to:  
3532 Camino de la Cumbre Sherman Oaks, CA 91423**

**Questions: Email [info@golssoccer.com](mailto:info@golssoccer.com)  
Call 818-906-1707**